

# **Smart Testing Enabling Learning Objectives**

- 1. Define “Smart Testing”.**
- 2. Select from a list methods of smart testing.**
- 3. Select from a list poor examples of notification procedures.**



# Smart Testing

- ▮ **Definition of Smart Testing:** The process where biochemical testing is conducted in such a manner that it is not predictable to the testing population.
- ▮ If your unit is conducting smart testing then every Soldier should believe that he/she can and may be tested on any given day at any given time.



# Do's of Smart Testing

- ▢ **Back-to-Back testing**
  - ▢ **Friday/Monday - Some Soldiers believe that if a test is conducted on Friday that they are safe to use drugs over the weekend. It only takes an occasional Back-to-Back test to make Soldiers aware that it could happen, and they will think twice about using drugs over a weekend after a test.**





# Do's of Smart Testing

- ▢ **Weekend/Holiday sweeps**
  - ▢ **Unit safety brief prior to holidays**
    - ▢ **Soldiers have become accustomed to having safety briefs before a long weekend, and then being tested on their return. Switch it up on them test them before or during the weekend.**
    - ▢ **Most units have to test their alert system periodically, this is a great way to test the system and the Soldiers on a Saturday.**



# Do's of Smart Testing

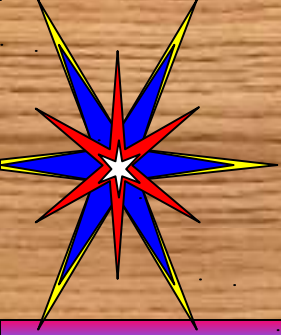
- ▮ **Pre- and post- deployment testing:** The Army deploys Soldiers all over the world and many of these locations have an increased availability of drugs.
- ▮ Many Soldiers believe that the command will not test prior to deployment because of other tasks to be accomplished. Remember test Soldiers when they least expect it.



# Do's

- ▮ **Test during field exercises**
  - ▮ Chow line - select every fourth person in the chow line and test them after they eat.
  - ▮ POL point - select every third vehicle and test all occupants of that vehicle.
- ▮ **Test at the end of the duty day**
  - ▮ Recall formation
  - ▮ Afternoon PT





# Do's

- ▮ **Test throughout the month**
  - ▮ **Not just first or last week of month.**
  - ▮ **Alternate the weeks and days that you test.**
  - ▮ **Avoid setting a pattern.**



# Don'ts

- ▮ **Don't ask for volunteers**
  - ▮ May invalidate the randomization of the collection process.
  - ▮ Could lead to challenge or defeat in court.
- ▮ **Don't post testing on training schedule**
  - ▮ Defeats entire purpose of testing, i.e. unpredictability.





# Don'ts

- ▣ **Don't let the Soldiers who say they can't go, "shy bladders", off the hook**
  - ▣ **Provide liquids and a reasonable time limit for the collection process, i.e. 4 hours.**
  - ▣ **Medical evaluation may be required. You cannot catheterize a Soldier to get a sample; but if a Soldier has been drinking water (8oz every 30 minutes) he/she should be able to provide 30 ml of urine within 4 hours or he/she may require medical attention.**



# Don'ts

- ▮ **Don't announce testing the day before**
  - ▮ Giving Soldiers prior notice gives them time to flush their system with lots of water. This will make their urine very dilute (clear) and could result in a laboratory result below the DoD cutoff, which results in a negative test.
  - ▮ Give Soldiers no more than 6 hours notice, but preferably less than 2 hours notice.



# Don'ts

- ▮ **Don't walk through the unit with your supplies prior to test**
  - ▮ Either maintain enough supplies at your unit to conduct a monthly test and pick up new supplies when you turn in your specimens or keep the supplies in your car until the test day.
- ▮ **Don't stop testing because it is the end of the duty day**
  - ▮ If you always stop at 1700 then Soldiers will just hold it that long; and if you tell them you will collect them the next day then they have prior notice.





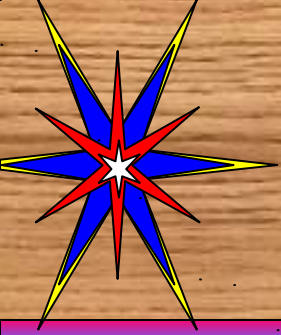
# Don'ts

- ▢ **If you select them, then collect them**
  - ▢ If you select 20 names for a collection, but your quota is only 12, don't stop collecting specimens when you get to 12; collect all 20 people. If a Soldier is using drugs he/she will wait until you have reached your 12 specimens then be released without providing. You missed your chance to catch that Soldier.



# Random Selection

- ▮ It is imperative that you and the commander ensure that any random selection test is truly random or you risk the chance of a positive test being thrown out of court.



# Random Selection Methods

- Computer generated random selection programs:

Drug Testing Program (DTP) -  
DoD Program (Tri-service).  
This is the preferred method of  
selection by DoD and the Army.





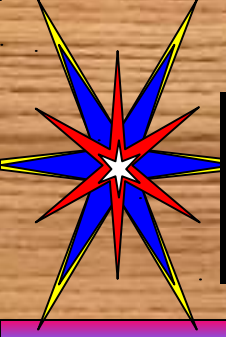
# Random Selection Methods

- ▮ If unable to use DTP then you may use another method of random selection.
  - ▮ SSN: Use a ten sided die or draw numbers (0-9) from a hat, all personnel whose SSN ends with that number is selected to test. Remember that next month all numbers are used again, so the number 2 could be drawn two (2) months in a row.



# Random Selection Methods

- ▮ **Other selection methods (cont):**
  - ▮ **Write every Soldier's name on a 3 x 5 card, shuffle and draw the names from a deck of cards.**
  - ▮ **Every third person in a chow line or every fourth vehicle at a POL point during field exercises.**



# VIDEO QUIZ 1

1. Click on the View Video link below
2. Watch the video
3. Close the video
4. Answer the question below.

**View Video**

**Is this an example of “Smart Testing”?**

**YES**

**NO**

**NEXT**





# VIDEO QUIZ

**CORRECT**

**!!!**





# VIDEO QUIZ 2

1. Click on the View Video link below
2. Watch the video
3. Close the video
4. Answer the question below.

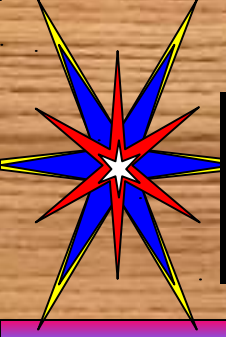
**View Video**

**Is this an example of “Smart Testing”?**

**YES**

**NO**

**NEXT**



# VIDEO QUIZ 3

1. Click on the View Video link below
2. Watch the video
3. Close the video
4. Answer the question below.

**View Video**

**Is this an example of “Smart Testing”?**

**YES**

**NO**

**NEXT**





# VIDEO QUIZ 4

1. Click on the View Video link below
2. Watch the video
3. Close the video
4. Answer the question below.

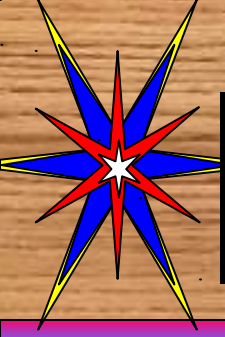
**View Video**

**Is this an example of “Smart Testing”?**

**YES**

**NO**

**NEXT**



# VIDEO QUIZ 5

1. Click on the View Video link below
2. Watch the video
3. Close the video
4. Answer the question below.

**View Video**

**Is this an example of “Smart Testing”?**

**YES**

**NO**

**NEXT**



# VIDEO QUIZ 6

1. Click on the View Video link below
2. Watch the video
3. Close the video
4. Answer the question below.

**View Video**

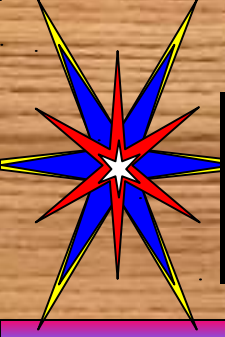
**Is this an example of “Smart Testing”?**

**YES**

**NO**

**NEXT**





# VIDEO QUIZ 7

1. Click on the View Video link below
2. Watch the video
3. Close the video
4. Answer the question below.

**View Video**

**Is this an example of “Smart Testing”?**

**YES**

**NO**

**NEXT**



# VIDEO QUIZ 8

1. Click on the View Video link below
2. Watch the video
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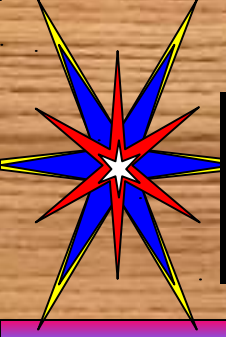
**View Video**

**Is this an example of “Smart Testing”?**

**YES**

**NO**

**NEXT**



# VIDEO QUIZ 9

1. Click on the View Video link below
2. Watch the video
3. Close the video
4. Answer the question below.

**View Video**

**Is this an example of “Smart Testing”?**

**YES**

**NO**

**NEXT**





# VIDEO QUIZ 10

1. Click on the View Video link below
2. Watch the video
3. Close the video
4. Answer the question below.

**View Video**

**Is this an example of “Smart Testing”?**

**YES**

**NO**

**NEXT**



# VIDEO QUIZ 1

**Sorry, but you are  
incorrect.**



# Do's of Smart Testing

## ▮ **Back-to-Back testing**

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